

TRIP PLAN – INFORMATION SHEET



TRIP BASICS

Trip Leader (name & mobile):

Other Party Members / Group Size:

Trip Objective (short):

Area / Region:

Route / Trail Names:

Direction of Travel:

Start Trailhead (name / description):

Vehicle (make, color, plate, where parked):

Start Date & Time:

Planned Return Date & Time:

Check-In Window (home contact expects to hear from you between):

KEY DETAILS

Planned Campsites / Nightly Targets:

Key Water Sources:

Resupply / Checkpoints:

Alternate Routes / Bailouts:

Time Buffer (extra hours or extra day built in):

RISK & CONTINGENCY NOTES

Major Hazards to Watch (weather, terrain, wildlife, seasonal issues):

Gear “What-Ifs” (filter failure, stove out, shelter issues, etc.):

Exit Strategies (nearest trailheads, roads, towns and how you’d reach them):

“When to Call for Help” Instructions for Home Contact:

(e.g., “If you have not heard from me by _____ or I am more than _____ hours overdue, call the numbers below.”)

EMERGENCY & MEDICAL INFO

Emergency Contact at Home (name, phone, email):

Emergency Numbers (local emergency / Rangers / SAR):

Communication Devices on Trip:

(e.g., cell #, inReach address, PLB model/ID, radio channel)

Medical Notes (allergies, conditions, essential meds):

ID / Medical Info Carried?

Yes No Location (wallet, hip belt pocket, etc.):

MAP / PERMITS

Map / GPX Attached and Route Marked? Yes No

Permits / Passes (type & number, if applicable):